

Seasonal Availability of Produce in California

Dates are approximate as weather and other factors can affect availability. Note: Markets vary in what they carry. See www.cafarmersmarket.org

January	February	March	April	May	June	July	August	September	October	November	December
Asparagus	Asparagus	Asparagus	Asparagus	Apricots	Apricots	Apples	Apples	Apples	Apples	Apples	Artichokes
Avocados	Avocados	Avocados	Avocados	Asian pears	Asian pears	Apricots	Asian pears	Asian pears	Asian pears	Artichokes	Basil
Beets	Beets	Beets	Basil	Asparagus	Asparagus	Asian pears	Asparagus	Asparagus	Asparagus	Asparagus	Beets
Blood oranges	Blood oranges	Blood oranges	Beets	Avocados	Avocados	Asparagus	Avocados	Avocados	Avocados	Basil	Brussels sprouts
Broccoli	Broccoli	Broccoli	Broccoli	Basil	Basil	Avocados	Basil	Basil	Basil	Beets	Cabbage
Cabbage	Brussels sprouts	Carrots	Cabbage	Beets	Beets	Beets	Beets	Beets	Beets	Beets	Carrots
Carambola	Carrots	Cauliflower	Carrots	Black-eyed peas	Broccoli	Beets	Broccoli	Brussels sprouts	Broccoli	Brussels sprouts	Cauliflower
Cauliflower	Carrots	Celery	Cauliflower	peas	Cabbage	Broccoli	Cabbage	Cabbage	Brussels sprouts	Carrots	Celery
Celery	Cabbage	Chard	Celery	Broccoli	Carrots	Cabbage	Carrots	Cabbage	Cabbage	Celery	Chard
Chard	Carrots	Chard	Chard	Cabbage	Cauliflower	Carrots	Cauliflower	Carrots	Carrots	Carrots	Chili peppers
Cherimoyas	Cauliflower	Collards	Cherries	Carrots	Celery	Cauliflower	Celery	Celery	Celery	Cauliflower	Collards
Dates	Celery	Dates	Collards	Cauliflower	Chard	Chard	Chili peppers	Cherimoyas	Cherimoyas	Celery	Corn
Grapefruit	Chard	Grapefruits	Cucumber	Celery	Cherries	Cherries	Collards	Chili peppers	Chili peppers	Chard	Cucumber
Green onions	Collards	Green onions	Dates	Chard	Collards	Collards	Corn	Collards	Collards	Chard	Eggplant
Green peas	Dates	Green peas	Grapefruits	Cherries	Corn	Corn	Cucumber	Corn	Corn	Cherimoyas	Eggplant
Kale	Grapefruit	Kale	Green beans	Collards	Cucumber	Cucumber	Eggplant	Cucumber	Chili Peppers	Chili Peppers	Grapes
Kohlrabi	Green	Kohlrabi	Green onions	Corn	Eggplant	Eggplant	Figs	Eggplant	Collards	Corn	Green beans
Kumquats	onions	Kumquats	Green peas	Cucumber	Figs	Figs	Grapefruits	Grapefruits	Collards	Cucumber	Green
Lemons	Green peas	Lemons	Kale	Eggplant	Grapefruits	Grapefruits	Grapes	Grapes	Cucumber	Eggplant	Onions
Mushrooms	Kale	Lettuce	Kohlrabi	Figs	Grapes	Grapes	Green beans	Green beans	Eggplant	Grapefruits	Kale
Mustard	Kohlrabi	Mushrooms	Kumquats	Grapefruits	Green beans	Green beans	Green onions	Green onions	Grapefruits	Grapes	Kiwi
Oranges	Kumquats	Mustard	Lemons	Green beans	Green onions	Green onions	Kale	Kale	Kale	Grapes	Kohlrabi
Passion fruit	Lemons	Passion fruit	Lettuce	Green onions	Kale	Kale	Kohlrabi	Kohlrabi	Lemons	Pineapple	Lemons
Strawberries	Lettuce	Spinach	Mushrooms	Green peas	Kohlrabi	Kohlrabi	Lemons	Lemons	Lettuce	Green beans	Lettuce
Tangelos	Mushrooms	Strawberries	Mustard	Kale	Kumquats	Kumquats	Lettuce	Lettuce	Mushrooms	Kale	Mushrooms
Tangerines	Mustard	Tangelos	Nectarines	Kohlrabi	Lemons	Lemons	Lettuce	Melons	Mustard	Kiwi	Mustard
	Passion fruit	Tangerines	Oranges	Kumquats	Lettuce	Melons	Melons	Mushrooms	Nectarines	Kohlrabi	Lemons
	Spinach	Turnips	Passion fruit	Lemons	Melons	Mushrooms	Mustard	Mustard	Okra	Lemons	Lettuce
	Strawberries	Valencia oranges	Raspberries	Lettuce	Mushrooms	Mustard	Nectarines	Nectarines	Onions	Lettuce	Mushrooms
	Tangelos		Spinach	Mushrooms	Mustard	Nectarines	Okra	Okra	Oranges	Mushrooms	Mustard
	Tangerines		Strawberries	Mustard	Nectarines	Okra	Okra	Oranges	Peaches	Mustard	Okra
	Turnips		Tangelos	Navel oranges	Okra	Peaches	Peaches	Pears	Pears	Okra	Onions
			Tangerines	Nectarines	Oranges	Pears	Pears	Peppers	Peppers	Onions	Oranges
			Tomatoes	Okra	Peaches	Peppers	Peppers	Persimmons	Persimmons	Oranges	Passion fruit
			Turnips	Peaches	Pears	Plums	Plums	Pineapple	Pineapple	Peaches	Peaches
				Plums	Peppers	Potatoes	Potatoes	guava	guava	Peppers	Peppers
				Potatoes	Plums	Raspberries	Raspberries	Plums	Plums	Persimmons	Persimmons
				Raspberries	Potatoes	Spinach	Spinach	Potatoes	Potatoes	Pomegranates	Pineapple
				Spinach	Raspberries	Strawberries	Spinach	Raspberries	Raspberries	Potatoes	Pomegranates
				Strawberries	Spinach	Summer squash	Strawberries	Spinach	Raspberries	Potatoes	Potatoes
				Summer squash	Strawberries	summer squash	Summer squash	Squash	Squash	Spinach	Raspberries
				Tomatoes	Tomatoes	Tomatoes	Turnips	summer squash	Summer squash	Spinach	Spinach
				Turnips	Tomatoes	Tomatoes	Valencia oranges	Tomatillos	Strawberries	Strawberries	Summer squash
				Valencia oranges	Turnips	Turnips		Tomatoes	Tomatillos	Tangerines	Valencia oranges
								Turnips	Tomatoes	Tomatoes	Winter squash
								Winter squash	Turnips	Turnips	Yams
									Yams	Yams	

Based on lists from the Southland Farmers' Market Association

