

Mens Circle on Even Mondays: 7-10 pm in the Cottage.

A confidential and somewhat structured men's circle builds trust, sacred space and vulnerability every gathering, ultimately focusing on the men most in need that evening. With shared leadership and facilitation, we embrace the most profound issues in life and death. As deep as you wish to go, we have the patience, exercises and training to work with you as we work on ourselves. We are all healing from something, rejoicing in something and you will be supported and stretched. You may also come with your men's group to see what works for your circle.

Please confirm with Allen Doyle at least 24 hours in advance, (805) 729 1581, adoyle0128@gmail.com [<mailto:adoyle0128@gmail.com>](mailto:adoyle0128@gmail.com). This circle is the most empowering personal work I have done.